

Healing through Sound

Shamanism and Kundalini Meditation to give you a deeply healing experience through the vehicle of sound



Sunday, 10 December

10 am to 1 pm

Mount Eden

Register or Enquire

Email: hello@marenlander.com
Maren: 027 532 0249
Geoff: 021 656 325
Cost: \$50



Maren is a Kundalini Yoga Teacher and Shamanic Practitioner who works with the plant medicine cacao and sacred sound. She has spent time with Shamans in different parts of the world and uses a combination of techniques.



Geoff is a Shaman and has trained in spiritual and shamanic work in New Zealand, in the Andes of Peru, in Bali and in Mongolia and has worked alongside other Shamans and traditional healers.

